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Best of Vegan Recipes

When shifting to a vegan diet for the first time, the transformation can take some getting used to. Not only that, you would also need to change your entire perspective related to taste and cooking. So, while you get yourself used to the ways of vegan cooking and eating, we bring some of the best Vegan Recipes for you to try out initially to enjoy the joys of vegan cooking and eating.

– One of the all time favorites among the Vegan Recipes is the Vegan Paella. This is actually a dish of Spanish origin. In the traditional recipe, seafood is used. However, for vegan cooking, the cashews used in the recipe replace the protein element of seafood.

– Another of the best recipes that remains a favorite of vegans is the Avocado Grapefruit Salad. It has a creamy kind of texture and made with all – ood items. The salad is really filling and delicious.

– For those looking for something rich in flavor, you can always go for the Vegan Recipe for Coconut Vegetable curry. This dish has a very memorable flavor and you are very likely to try it again. The key to the rich flavor is to hold the



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amount of coconut milk you add to the recipe.

– If you like your food to be strong in flavor, you can always make a Vegan Recipe with a good amount of spice. These best spices are the fresh ones. These have a unique aroma and flavor that you're not likely to forget anytime soon.

– If you like dessert, you can check out many of the Vegan Recipes in dessert. You can make some of the best tasting cakes, pies and muffins. The coconut cake, carrot cake, fig spice pie and apple crisp and apple pie are the top rated of all vegan recipes.

In terms of substitutes, you can find many of them in the market for cheese, butter, milk and other items. You can find your favorite brand of vegan substitute food items and use these items to add the touch of your personal taste to the recipes.

Whether you are looking for some delicious and filling breakfast, lunch, dinner or a simple snack, it is all there in vegan cooking in the form of various soups, dips, snacks, and salads along with full meals. You can always try for new food items and recipes and experiment with – ood recipes.

Recipes from The Weekend Chef (<http://theweekendchef.com>)



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Still wondering about vegan recipe? Find out how vegan recipe could add a delicious taste.

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