

# Baked Garlic Parmesan Chicken

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- 6 skinless chicken breast halves
- 2 tbsp olive oil
- 1 glove garlic
- 1 cup dry bread crumbs
- 2/3 cup grated parm cheese
- 1 tsp basil
- 1/4 tsp ground black pepper

1. Preheat oven to 350 degrees F.

Lightly grease a 9 x 13 baking sheet.


2. Blend Olive Oil and Garlic

Blend dry ingredients in a separate bowl.

3. Dip chicken breast in oil mixture then coat with dry ingredients.

Place on baking sheet.

Top chicken with left over dry ingredients

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4. Bake for 30 minutes in preheated oven.