



Over 350,000 Free Food and 9,000 Drink Recipes

Sweet Potato Cubes

We were introduced to these by my Granddaughter.

Sweet Potato Cube



These make a great substitute for fries.

- 4 potato , sweet
- 2 tbsp Olive Oil
- 1/2 cup Brown Sugar (more depending on sweetness)
- 2 tbsp Cinnamon
- 1 teaspoon salt

1. Peel, cube sweet potatoes.

Recipes from The Weekend Chef (<http://theweekendchef.com>)



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2. Toss in olive oil
3. Coat with brown sugar and cinnamon. lightly salt
4. Bake in 350 degree oven for 20 minutes. Test with folk. NOTE: You can also do this in a microwave oven. I would cook for about 8 minutes and then check for tenderness.