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Recipes



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SPAGHETTI SALAD

HOLIDAY

Ingredients

1 (12 ounce) package spaghetti cooked

1 onion chopped

1

green bell pepper chopped

1 cucumber peeled and chopped

4

or 5 radishes chopped

1 or 2 carrots chopped

1 small

bunch broccoli broken into florets

1 bottle Seven Seas Creamy

Italian salad dressing

Instructions

Cook pasta. Add onion bell pepper cucumber radishes carrots and

broccoli. Add creamy Italian dressing until creamy. It will take



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a lot. Mix well and serve right away. If to be used later you will need to add more dressing when served.

OPERA CREAM CANDY

CANDIES/CHOCOLATE

Ingredients

3 1/2 cup granulated sugar
1/2 teaspoon cream of tartar
3
tablespoon white corn syrup
1 pt. cream

Instructions

Cook mixture until it makes a soft ball when tested in a cup of

water (about 1/2 hour). Pour it on a buttered platter and set

aside to cool. When cool stir it until it gets stiff and breaks



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when you stir it (about 1/2 hour). Then put it in a bowl in a cool place for 3-5 days. Divide into smaller portions and mix again until smooth. Then put in the flavorings such as cocoa mint maple orange or any other flavorings you desire. Roll into small balls with hands or spoons. Put them in a very cold place such as a freezer to harden balls. In a small container melt chocolate on top of boiling water. Put paraffin also into chocolate. When the chocolate is melted dip the balls in the melted chocolate. Use a hat pin to dip the balls. Put a nut on the top to cover up the hold made by the hat pin. Put the candy on waxed paper to cool



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CHOCOLATE CHIP OATMEAL COOKIES

COOKIES

Ingredients

2 cup butter

2 cup white sugar

2 cup brown sugar

1

teaspoon salt

4 eggs

2 tablespoon vanilla

2 teaspoon

baking soda

2 teaspoon baking powder

2 (12 oz.) pkgs.

chocolate chips

4 cup flour

5 cup quickcook oatmeal (grind

in

blender 1 cup at a time fine as
flour)

1 (8

oz.) Hershey milk chocolate bar

grated



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3 cup chopped
nuts

Instructions

Cream butter and sugar; add eggs and vanilla. Mix dry ingredients in sifter. When mixture gets too large use hands to mix. Line cookie sheets with aluminum foil and place golfball sized balls of dough on foil. Bake at 350 degrees for 6-10 minutes. DO NOT overbake. Remove from oven when shine on batter is gone. To make plain oatmeal cookies use 3 cups raisins instead of chocolate. May freeze dough.

PUMPKIN BARS

COOKIES

Ingredients



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1 bag marshmallows

1 can pumpkin

1/4 teaspoon nutmeg

1/4

teaspoon ginger

1/2 teaspoon salt

1 teaspoon cinnamon

1

container Cool Whip

Melt marshmallows and pumpkin at low heat; cool. Fold in nutmeg ginger salt cinnamon and Cool Whip. Pour over crust. Refrigerate. CRUST:

18 graham crackers

crushed

1/2 cup brown sugar

1/2 cup butter melted

Instructions

Reserve some to sprinkle over pumpkin mixture.

SOUR CREAMED POT ROAST

BEEF

Ingredients



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2 slices bacon

1 (3 pound) chuck roast

3/4 cup chopped
onion

1/4 cup water

1 teaspoon salt

1 bay leaf

1/4 teaspoon ground cumin

1/8 teaspoon black pepper

freshly ground

1/2 cup sour cream

3 tablespoons flour

2 tablespoons fresh parsley snipped

1/2 teaspoon Kitchen

Bouquet

Hot cooked noodles

Instructions

In a skillet cook bacon until crisp; drain reserving drippings.

Crumble bacon; wrap and refrigerate. Trim fat from roast; cut



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roast in half to fit into crockpot. In skillet brown meat in bacon drippings; drain. Place in crockpot. Stir together onion water salt bay leaf cumin and pepper; pour over meat. Cover; cook

on LOW heat setting for 8 to 10 hours. Remove roast; discard bay

leaf. Skim fat from liquid; pour liquid into a saucepan. Return

roast to crockpot; cover. Blend sour cream and flour; stir into

hot liquid. Cook and stir until thickened; DO NOT BOIL. Stir in

parsley and Kitchen Bouquet. Season to taste. Serve meat

garnished with bacon. Serve gravy over noodles. Yield: 6

servings. *Per Serving: 549 Calories; 41g Fat (67.8% calories*

from fat); 38g Protein;6g Carbohydrate; 1g Dietary Fiber;



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141mg

Cholesterol; 515mg Sodium Exchanges: 0 Grain (Starch); 5

1/2 Lean Meat; 1/2 Vegetable; 0 Non-Fat Milk; 5 Fat