



Over 350,000 Free Food and 9,000 Drink Recipes

## Diabetic Recipes



## Diabetic Recipes

We have hundreds of diabetic recipes in our database. Choose the ingredients and diabetic category to find the perfect recipe for your diabetic needs. Simply enter the ingredient(s) you want to use and the recipes that use those ingredients and are for diabetics will display. The diabetic recipes are also available in The Weekend Chef Diabetic Cookbook.

## Your Diabetic Recipe Selection

Search for:

Recipes from The Weekend Chef (<http://theweekendchef.com>)



Over 350,000 Free Food and 9,000 Drink Recipes

## BEER BISCUITS

BAKED GOODS

Ingredients

3 cup Bisquick

1 (10 to 12 oz.) can of beer (room temperature

3 tablespoon sugar

Instructions

Mix all ingredients together. Mix well. Grease muffin tins. Fill with mixture 3/4 full. Bake at 350 degrees until golden brown.

## APPLE CAKE

CAKES

Ingredients

2 sticks of butter

1 cup nuts chopped

1 tsp vanilla

1 teaspoon cinnamon

Recipes from The Weekend Chef (<http://theweekendchef.com>)



Over 350,000 Free Food and 9,000 Drink Recipes

3 eggs  
2 cup sugar  
1 teaspoon Allspice  
1 teaspoon cocoa  
3 cup chopped apple  
3 cup flour  
1 teaspoon cloves  
1 teaspoon soda dissolved in 3/4 c.  
buttermilk  
Instructions

Mix as for an ordinary cake. Mix dry ingredients together. Cream sugar and butter. Bake for 1 1/2 hours at 350 degrees in bundt pan or angel food pan.

## ENGLISH TRIFLE

### DESSERTS

#### Ingredients

2 pkg. plain lady fingers  
1 jar apricot preserves  
1 cup orange juice  
11 oz. can mandarin oranges

Recipes from The Weekend Chef (<http://theweekendchef.com>)



Over 350,000 Free Food and 9,000 Drink Recipes

1 small pkg. vanilla pudding with 1/3  
cup more milk

2 bananas

1 tub Cool Whip

Sliced almonds

Instructions

Fill lady fingers with apricot preserves and layer rectangle  
pan.

Drizzle orange juice over filled lady fingers. Cover with  
mandarin oranges. Prepare vanilla with 1/3 cup more milk.

Spread

over oranges. Slice bananas and place in layer over pudding.

Spread Cool Whip over bananas. Sprinkle sliced almonds on top.

Serves 12.

## PEACH CRISPS

DESSERTS

Ingredients

6 large peaches

Sugar

All-purpose flour

Recipes from The Weekend Chef (<http://theweekendchef.com>)



Over 350,000 Free Food and 9,000 Drink Recipes

3 tablespoon light corn oil spread

1/8 teaspoon ground cinnamon

Instructions

Preheat oven to 400 degrees. Peel and slice peaches. In large bowl toss peaches with 1/4 cup sugar and 2 tablespoons flour. Spoon peach mixture in pan. In small bowl mix cinnamon 1/3 cup flour and 3 tablespoons sugar. Sprinkle flour mixture on peaches.

Bake peach crisps 25 to 30 minutes.

## BUTTER RUM CAKE

CAKES

Ingredients

2 cup sifted flour

1 3/4 cup sugar

5 eggs

1/2 lbs. margarine (2 sticks)

1 teaspoon vanilla

1 teaspoon butter flavoring

1 teaspoon rum flavoring

ICING:

Recipes from The Weekend Chef (<http://theweekendchef.com>)



Over 350,000 Free Food and 9,000 Drink Recipes

1 cup sugar

1/2 cup water

1 teaspoon rum flavoring

Instructions

Cream margarine thoroughly. Add sugar gradually. Add eggs one at a time. Mix well. Add extracts. Add sifted flour a little at a time. Blend well. Pour batter into greased and dusted 10 inch stem pan and bake at 325 degrees for about 1 hour.