



Over 350,000 Free Food and 9,000 Drink Recipes

Baked Garlic Parmesan Chicken

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- 6 skinless chicken breast halves
- 2 tbsp olive oil
- 1 glove garlic
- 1 cup dry bread crumbs
- 2/3 cup grated parm cheese
- 1 tsp basil
- 1/4 tsp ground black pepper

1. Preheat oven to 350 degrees F.



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Lightly grease a 9 x 13 baking sheet.

2. Blend Olive Oil and Garlic

Blend dry ingredients in a separate bowl.

3. Dip chicken breast in oil mixture then coat with dry ingredients.

Place on baking sheet.

Top chicken with left over dry ingredients

4. Bake for 30 minutes in preheated oven.